by students for students

2009/2010 Annual Report
Dear Psychology students,
Dear Partners and Supporters,
Dear Friends,

Yet another EFPSA mandate in its already 23 years of history has come to an end with plenty of achievements we are proud of. Statutes and Domestic Regulations have received another thorough overhaul by a task force. The changes that have been made, have been done keeping in mind not only the present, but also the future growth. A training system has been introduced together with the Training Officer position and a Marketing Officer position has been created as well.

Both the Executive Board and the Board of Management application procedures and job descriptions have been specified to bring more quality and thought to the future EFPSA board applications. Students looking for more involvement in the professional circles have a reason to cheer, as well – there is now a student representative in each of the eleven EFPSA Standing Committees and Task Forces.

The word that portrays the mandate well is “first”. After the extensive work carried out during the previous mandates, the first issue of the Journal of European Psychology students was released in June 2009. The mandate can also boost the first successful official e-voting in EFPSA history – a comfortable and innovative way to make the EFPSA decision process faster had overcome its technical obstacles.

We hope that you have also noticed our attempts to keep you updated more frequently. In addition to the four newsletters during the mandate, we introduced the monthly Presidential Team postcards to summarise the latest news and activities among the regular news at the website. On the new EFPSA website, you may notice the new event calendar to keep you updated on events, and the forum, which already is becoming the online meeting place of European psychology students.

Some of us in EFPSA will continue for another mandate, some will join the growing Alumni Group. Dorota Wisniewska, the Vice President of 2009/2010 has taken over the presidency. The first matter in to-do-list is finalising the renewal of EFPSA legal registration. Most of the work and the information search has been completed and the procedure that became much clearer during the past mandate.

New challenges await, but before turning to them we announce happy news, the first of the new mandate, and welcome Azerbaijan as the 26th member of EFPSA and three observing organisations from Ireland, Italy and Kosovo to the happy EFPSA family!
The European Federation of Psychology Students’ Associations (EFPSA) was established in 1987 during the first International Congress of Psychology Students, which took place in Portugal. Since then the European psychology student congresses have taken place every year uniting the EFPSA family and being the biggest student event of the kind bringing together different experience, scientific approach and old friends.

In 2001 EFPSA became an Affiliate Member of the European Federation of Psychologists’ Associations (EFPA). By 2009/10 EFPSA had grown to 25 member organisations with Azerbaijan psychology students’ organisation becoming the 26th member at the 24th annual European psychology students’ congress.

EFPSA’s everyday management is organised by 7 people in Board of Management who are also in charge of structural planning and creating proposals. The Board of Management coordinates the work of Executive Board, which is a 20–30 people body responsible for executing EFPSA services.

The services are Activities Office, European Summer School, Journal of European Psychology Students, Study Abroad and Travel Network. The Activities Office oversees the organisation of the annual congress, Executive Board / Member Representatives’ meeting and cross-country student exchanges. The Executive Board also involves the supporting positions like Sponsorship team, Grants’ team and Web team.

The executive body of EFPSA is the General Assembly, which consists of representatives of all the EFPSA member organisations. Member representatives also share the knowledge and ideas between the organisations and promote EFPSA and its services in their home countries.
Structural Achievements

Statutes and Domestic Regulations
The EFPSA Statutes and Domestic Regulations have been thoroughly reviewed by Statutes Task Force, lead by Communication Officer Dominika Szymańska during 2009/10. The main work was done on definitions and clarifying remarks, the main changes were: 1) the definition of “psychology students”, 2) the member acquisition rules and the rights and obligations of member organizations, 3) the definition of observer organisation status, and 4) the voting procedures at the General Assembly. All alterations were done bearing in mind the future growth of EFPSA and we hope that there is no need for further revisions in several years.

E-votings
E-votings always existed as option for a quick voting when General Assembly cannot gather physically. 2009/10 saw the first of those taking place for a Board of Management member replacement and more e-votings later for Financial Auditors, EFPSA events’ organisers and Statutes updates.

The technical solution of e-voting, however has to be redone. The current system cannot facilitate the new voting format of two votes per organisation accepted in the updated Domestic Regulations.

Registration
EFPSA is finishing updating its legal registration dating back to January 1989. The updates are important, among other reasons, for applying for yearly grants. The General Assembly also voted for changes in the official name and the address in the registry.

The new statutes have been translated to French and now everything is set to renew the registration.

EFPSA's impact on European psychology students increases through reaching to four more areas of Europe.

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It is now possible to invite all Member Representatives to voting any time of the year hence increasing the flexibility of the whole organisation.

Member and observer organisations
EFPSA welcomed the Azerbaijan Young Psychologists as its 26th member organisation and we are happy to see three approved observer organisations from Ireland, Italy and Kosovo.

For the existing member organisations, regular representatives’ Skype meetings were introduced to increase the communication between the official meetings.

The legal registration will be updated in 2010.
Structural Achievements

**Introducing trainings in EFPSA**
The first trainings by professional trainers took place at the Executive Board / National Representatives meeting 2009, focusing on team building and inspiration.
The new Training Officer position was created to facilitate the process and a pilot event Train the Trainers was called upon for summer 2010 to prepare new trainers.

**Executive Board job descriptions and recruitment**
All the Executive Board positions received job descriptions for the candidates to make better informed choices.
The recruitment procedures were also clarified and standardised to create more equal conditions for all the candidates and to allow EFPSA teams to be created step by step: Board of Management elections will be followed by assigning the Senior positions and then the Junior positions.

**Changes in Board of Management structure**
The Communication Officer functions were merged with the Secretary General’s to have one person responsible for all the official communication.
Promotion tasks will now be taken care of by the Marketing Officer and its team, a function that was introduced to improve the reach of EFPSA among European psychology students through systematic activities.

**Alumni**
The EFPSA Alumni Group concept has moved further from the idea stage and there have been discussions and gets stronger and more clear with the structure. The wonderful initiative will facilitate the knowledge transfer by bringing together former EFPSA people who want to see EFPSA develop, help it with their ideas and perhaps also financially.
The network will also serve as a communication platform between the mandates and with a social networking purpose to find out what the alumni are doing after their EFPSA experience.

Once the structure becomes more clear, the network will become much stronger by joining more former EFPSA people.
Promotion Achievements

New EFPSA website
Take a look at the brand new website of EFPSA - http://www.efpsa.org!
It now includes a News section and the European psychology students’ forum - a place where we can host unlimited amount of students. The website has also been improved in functionality and ease-of-use by listing all most important news and links in the front page instead of searching for them under sub-menus.

Through the new website, we can attract many students we did not reach before and keep them updated about our services and events.

Forum
Websites without interaction between the users and the content providers gain few frequent visitors. By creating a forum on the EFPSA website we hope the forum becomes the biggest meeting place for the European psychology students.
The forum can assist with exchanging information about the student life and help the users orientate in their professional field by offering opportunities the formal education institutions often lack. Check it out yourself at http://forum.efpsa.org.

In 4 months the forum reached 314 registered users and 927 posted messages.

Newsletter frequency
In order to keep the EFPSA people and our friends and partners up-to-date with what is happened in EFPSA we had set a goal to have four thorough newsletters published throughout the year. The goal was reached but with the issues in July and September 2009 and March and April 2010 - the third quarter issue was delayed.
As we received a lot of positive feedback to the newsletter, we also created an outline for what every issue should consist of and look like.

EFPSA’s numerous events and activities all deserved brief articles in a compact form. The newsletter helped keeping students updated.

Presidential team postcard
The idea about the monthly presidential team postcard appeared after the changes in the website organisation and administration had made it very simple to post regular information and news.
The short news announcements summarising what the presidential team and EFPSA had been busy with over the past month became very popular and for many became a reason to visit EFPSA website regularly.

The presidential team postcard had helped EFPSA members and people to know more about the board activities.
Promotion Achievements

Facebook profile

It is important to be present at internet sites where people search for information. A Facebook profile was created for EFPSA to reach out to the modern psychology students where they spend their time. The profile is being regularly updated with the latest news and events. Facebook is an easy and informal way of channelling EFPSA info externally by giving users the chance to recommend it to their friends.

In eight months EFPSA Facebook profile has received 3687 fans. Twitter and Wikipedia accounts will be following soon.

Posters

The creative alliance “Velvet” produced the new official EFPSA poster design, that already received positive feedback at the European Congress of Psychology in Oslo and the design can now be used in promotion at universities.

A greater number of posters were printed in Turkey and were to be distributed all across Europe at the annual congress but unfortunately the volcano incidence caused the posters to be stranded in Turkey.

With printed promotion materials on university notice boards we can be visible to psychology students all year long.

Event Calendar

In order to know better what is going on in your country or even in your neighbouring country and in European psychology students’ world overall, an event calendar was set up at the EFPSA website.

It is based on Google Calendar easy to be used and looked into. Adding is also easy, everyone can add an event they are going to attend or organise, and want other European psychology students to know about it. You can also find information about professional events at the EFPSA event calendar.

If you do not know what to do with your next week, check the event calendar. If you do though, let us know!
Cooperation Achievements

Cooperation with European Federation of Psychologists’ Associations
As an EFPA Affiliate Member, EFPSA attended the EFPA General Assembly and Presidents’ Council. The cooperation has been fruitful and the student representatives have now been invited to all 11 EFPA Standing Committees and Task Forces. Through the EFPA network EFPSA has also made contacts with other organisations and attended their events (IAAP, IACCP, IUPsyS, NEPES).

EFPSA continues representing students’ needs in EFPA and at main European professional psychology events.

Student cooperation
EFPSA’s main link to other student organisations is the Informal Forum of International Student Organisations’ (IFISO). Through contacts created in IFISO winter meeting, EFPSA participated in AEGEE and BEST General Assemblies and BEST Trainers’ Forum. Healthcare students’ cooperation was successful through HELP youth tobacco-control network and Parkinson Disease Summer School. To get non-member countries of Europe more interested in EFPSA, EFPSA also visited the Nordic psychology students’ meeting and received invitations to the Irish and Swedish national psychology students’ congresses.

EFPSA is actively searching ways to create contacts with other student organisations to share knowledge and reach more psychology students.

Financial Achievements

“Friends of EFPSA” project
The “Friends of EFPSA” project started in the previous mandate was revised and its improved conditions attracted the first ever “Friend of EFPSA” – the Finnish Psychological Association (http://www.psyli.fi).
We are very grateful for their support in 2009/10 and hope that new “Friends of EFPSA” will follow soon.

“Friends of EFPSA” is a great opportunity for organisations and individuals to keep in touch with what is going on in EFPSA.

800 € of sponsorship money
Despite the total amount being short of the budgeted total, the money was still used to benefit EFPSA activities and work was done towards more structuralised approach on contacting the potential sponsors.

Building on the work of this year’s Sponsorship team, the new team can aim higher in the next mandate. The main areas where EFPSA could use more sponsorship means are the expenses of hosting its events (annual congress, European Summer School, board meetings) and travel support so that the students working for the organisation voluntarily and gaining experience would not have to pay extra to be active.

EFPSA thanks its sponsors in 2009/10: Swisscare, Worldticketshop.com, Genotec and Servergrove as well as the sponsors for individual events.
EFPSA Events and Services

Journal of European Psychology Students

JEPS came up with amazing news in July 2009 by publishing the first JEPS issue ever. 21 submissions from 6 different countries were received. 6 articles passed the review process successfully and were consequently published online. For the second issue, 11 submissions from 5 countries were received. The call for papers for the third issue has been announced with a deadline of 30th September 2010. The regular board of reviewers consists of 41 professors and 19 PhD students. In order to reduce the JEPS team’s personal workload in future, the Open Journal System has been implemented and is being used in current work.

The first issue of the Journal of European Psychology Students has been published. The review process for the second issue is ongoing.

European Summer School 2009

The 3rd EFPSA European Summer School took place in Arcalia, Romania on July 19-26 2009 on “Social Inequalities”. The event consisted of a theoretical part (4 lectures and seminars) and a practical part in 6 research groups led by PhD students or young PhDs from Poland, Slovenia, UK, Croatia and Turkey. The ESS 2010 will take place in Blagoevgrad, Bulgaria on July 17-24 2010 on the theme “Social Cognition”.

The 3rd European Summer School was successfully held and the 4th ESS will be taking place this summer.
**EFPSA Events and Services**

**24th EFPSA Congress**

The EFPSA Congress 2010 “Free Your Mind” took place in Baarlo, the Netherlands on 18-25 April. 243 participants from 35 countries were selected from 441 applications. In spite of the travel complications from the volcano eruptions, the congress hosted 191 participants, beating all the estimates after the flight cancellation news appeared. Some participants spent more than 50 hours on the road to reach the venue.

The registration to the congress was done through a new electronic registration system. The participants also enjoyed new and simpler congress participation fee division by countries.

The congress consisted of 20 lectures, 20 workshops and 24 paper sessions and the General Assembly where the board for the new mandate was elected.

**Exchanges**

Three student exchanges were assisted by EFPSA activities office during 2009/10 mandate (with about 30-50 participants per exchange):

- Czech Republic, Finland and Serbia
- Germany and Netherlands
- Bulgaria, Poland, Romania, Slovenia, Turkey

Each exchange consists of psychology students of one country visiting one or more of the other countries. The topics and the program of each exchange is composed by the participants of the exchange.

EFPSA continues assisting short-term international psychology student exchanges. More than 100 students participated in them in 2009/10.

**Travel Network and Study Abroad**

The platforms of EFPSA Travel Network and Study Abroad continued satisfying the needs of the students interesting about studying abroad and travelling frequently. Study abroad provides students with unique information from the perspective of another psychology student and Travel Network remains its popularity despite the growth of Couchsurfing due to the charm of hosting or visiting another psychology student.

In the end of 2009/10 EFPSA Travel Network had 809 hosts in 36 countries. Study Abroad continued uploading its database of 144 universities.
financial report - profit & loss account

Profit and loss account EFPSA mandate 2009/10 (March 2009 - March 2010)

(all figures are in EUR)

<table>
<thead>
<tr>
<th>Budgeted</th>
<th>Actual</th>
</tr>
</thead>
<tbody>
<tr>
<td>Services</td>
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</tr>
<tr>
<td>Contributions to meetings and congresses</td>
<td>600.00</td>
</tr>
<tr>
<td>Travel support</td>
<td>3575.00</td>
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<tr>
<td>Presidential team travel support</td>
<td>800.00</td>
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<td>General EFPSA promotion</td>
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<tr>
<td>Administrative expenses</td>
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<tr>
<td>Other expenses</td>
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<tr>
<td><strong>TOTAL EXPENSES</strong></td>
<td><strong>8771.16</strong></td>
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<table>
<thead>
<tr>
<th>Budgeted</th>
<th>Actual</th>
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<tbody>
<tr>
<td>Membership fees 2009/10</td>
<td>3036.00</td>
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<tr>
<td>EFPA support</td>
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<tr>
<td>Interest income</td>
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<td>Sponsors</td>
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<tr>
<td>Other income</td>
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<tr>
<td><strong>TOTAL INCOME</strong></td>
<td><strong>7776.00</strong></td>
</tr>
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</table>

Difference between income and expenses | -246.49
## Balance Sheet of mandate 2009/10 (March 2009 - March 2010)

(all figures are in EUR)

<table>
<thead>
<tr>
<th></th>
<th>Assets</th>
<th>Liabilities</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>27.03.2009</td>
<td>8.03.2010</td>
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<tr>
<td>Bank</td>
<td>5 107.11</td>
<td>5 018.66</td>
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<tr>
<td>Debtors</td>
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<tr>
<td><strong>Total Assets</strong></td>
<td><strong>6 044.11</strong></td>
<td><strong>5 694.16</strong></td>
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<tr>
<td>Creditors</td>
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<td>598.00</td>
</tr>
<tr>
<td>Equity</td>
<td>4 796.56</td>
<td>5 096.16</td>
</tr>
<tr>
<td><strong>Total Liabilities and Equity</strong></td>
<td><strong>6 044.11</strong></td>
<td><strong>5 694.16</strong></td>
</tr>
</tbody>
</table>
In the name of EFPSA thanks go first to all the persons who have voluntarily offered their efforts to the Federation this year:

**Board of Management**
- Priit Tinits, President
- Dorota Wisniewska, Vice President
- Dominika Szymańska, Communication Officer
- Kosta Bovan, Head of Finance
- Lisa Wagner, Senior Activities Office
- Mariliin Saar, National Representatives’ Coordinator
- Moritz Jäger, Secretary General
- Rebecca Coenning, Secretary General

**Executive Board**
- Aart Franken, Immediate Past President
- Adrian Farkas, Travel Network Junior
- Alenka Murgelj, Study Abroad Junior
- Anikó Lovik, Junior Webmaster
- Baran Metin, Promotion Officer
- Beren Kandemir, Grants’ Team Senior
- Bianca Mercedes Koopmann, Study Abroad Senior
- Bojan Lalić, JEPS Junior Coordinator
- Dalya Samur, ESS Junior Coordinator
- Doro Katzenberger, Country Coach
- Igor Srđoč, Senior Webmaster
- Ivana Dujić, Travel Network Junior
- Julianna Márkus, Sponsorship Team Junior
- Justin Walker, Sponsorship Team Junior
- Laurent Schüpbach, Sponsorship Team Senior
- Lea Kristan, Travel Network Senior
- Maris Vainre, JEPS Junior Coordinator
- Nathalie Lam, ESS Senior Coordinator
- Resit Kısıloglu, JEPS Senior Coordinator
- Sarah Muno, JEPS Web Officer
- Simone Strindberg, Secretary
- Vedran Lesić, Junior Activities Office
- Yiorgos Agathokleous, Sponsorship Team Junior
- Zagorka Pree, Grants’ Team Junior

**Team Members**
- Ana Georgescu, ESS Team Member
- Ana Hartman, ESS Team Member
- Ayda Eris, JEPS Team Member
- Oliver Arnold, JEPS Team Member
- Orhan Ferhat Yarar, Grants Team Member
- Ralitsa Simonska, Study Abroad Team Member
- William Steel, ESS Team Member

**National Representatives**
- Adrian M. Fernandez Sirois, Spain
- Alisia Muresan, Romania
- András Csanádi, Hungary
- Anna Haugerud Formo, Denmark
- Anna Kaczko, Poland
- Ann-Sofie Viaene, Belgium
- Catherine Richard, Luxembourg
- Colin Morgan, United Kingdom
- Dimitris Parperis, Cyprus
- Evangelia Kontogianni, Greece
- Evi Lazarova, Bulgaria
- Fethat Jak Icoz, Turkey
- Gyde Honnens, Germany
- Jakob Lorenc, Austria
- Jan Kovacic, Slovenia
- Jeremy Hofmeister, Switzerland
- Karin Koster, Netherlands
- Klára Plašírová, Czech Republic
- Lorena Zec, Croatia
- Merlyn Mandre, Estonia
- Nevena Djokovic, Serbia
- Nithya Satchi, Norway
- Povilas Katkevicius, Lithuania
- Sami Erkki Mikael Raman, Finland
- Tiago Cid Maia, Portugal

National Representatives are crucial for the functioning of the Federation being the link between EFPSA and its member associations and the ‘legislative body of EFPSA.

**Financial Auditors**
- Aart Franken, Netherlands
- Tiina Käläma, Estonia

More thanks go to past EFPSA presidents and vice presidents Anja Bregar, Attila Andics, Edward van Rossen, Marija Sulajkovski, Markus Hausammann, Serra Tekin and Triin Ulla for their words of wisdom.

A huge thank you to SPS-NIP and the organising committee of the 24nd EFPSA Congress led by Alexandra Ooms and Jolien Heeringa for providing with an awesome week for 191 participants who arrived to the Netherlands despite the Eyjafjallajökull volcano complicating their travel.

**European Summer School 2009** was made successful by Cognosis. The biggest thanks go to Cognosis, Lavinia Carmen Uscatescu and prof. Adrian Opre.

Turkiye Psikoloji Öğrencileri Calisma Grubu, Nihan Tezer and Yeşim Üzümcioğlu did almost impossible organizing the Executive Board / National representatives’ meeting 2009 on such a short notice in magical Anamur.

For their help, collaboration and support, special thanks go also to Sabine Steyaert (EFPA Head Office), Tuomo Tikkanen (President of Finnish Psychologists’ Association and former EFPA President) and Robert Roe (EFPA President).
Without the support of other organisations and partners our Federation would not have the necessary means to carry out all its different projects. EFPSA thanks the following partners for their support with knowledge, services, connections and last but not least financial resources:

**EFPA** - European Federation of Psychologists’ Associations  
http://www.efpa.eu

**Finnish Psychologists’ Association**  
http://www.psyli.fi

**Turkish Psychologists’ Association**  
http://www.psikolog.org.tr

**VELVET** - creative alliance  
http://www.velvet.ee

**SwissCare** - international health and travel insurance  
http://insurance.efpsa.org/

**Worldticketshop.com**  
http://www.worldticketshop.com/concerts

**Genotec** internet consulting  
http://www.genotec.ch/

**ServerGrove** web hosting  
http://www.servergrove.com/

Furthermore EFPSA wants to thank all the members of IFISO, the Informal Forum of International Student Organisations, for the sharing of knowledge and experiences in the field of student NGOs.
EFPSA
European Federation of Psychology Students’ Associations
EFPA Head Office, Attn. EFPSA
Grasmarkt 105/18
B-1000 Brussels
Belgium
Phone +32 2 503 49 53
contact@efpsa.org
www.efpsa.org

This annual report was created in June 2010.

The content of this annual report may be incomplete, hereby we apologise to the persons and accomplishments who/that should be mentioned but are not. Further information about EFPSA can be obtained via any of the abovementioned contact options.