The European Federation of Psychology Students’ Associations

Website: http://www.efpsa.org
Introducing
The European Federation of Psychology Students’ Associations

The European Federation of Psychology Students’ Associations (EFPSA) is a non-profit organization run by psychology students, for psychology students. As a federation, we represent the national student psychology associations of over thirty European nations. At the forefront of the organization’s goals is to represent the needs and interests of the European psychology students through providing access to a range of annual events and several services. As an academic organization, our priority is to promote scientific corporation and development of the psychology students in Europe.

At the same time, we recognize the unique diversity of the organization not only as a core value of EFPSA, but as something to be actively promoted and built upon. After all, the vast majority of our activities are managed through virtual teams made up of a multitude of nationalities, backgrounds and cultural heritages.

Representatives from just eight European countries founded EFPSA during the first international congress for psychology students in Lisbon University, Portugal, 1987. Since this time, EFPSA’s history has been marked with successes and development. Importantly this includes developing its status and recognition on a European level: EFPSA was registered as a international association by Belgian law in January of 1989, and in 2001 EFPSA was integrated as a student division of our parent professional organization, the European Federation of Psychologists’ Associations (EFPA). To the present day and EFPSA now includes 33 student organizations across Europe.

The organization of EFPSA is maintained through the work of the three divisions of the organisation: the Executive Board, the Member Representatives, and a seven-person Board of Management. Altogether there are more than one hundred individuals who take up positions within EFPSA to serve mandates, which last one year. We specifically represent the EFPSA foundation in the Netherlands and are allied to the Student section of the Dutch Institute of Psychologis. SPS NIP hopes that this document provides you all the information you need and delivers you an insight on a truly unique organisation, rich with opportunities and resources for students of European psychology.
Welcome to the Netherlands!

The Netherlands is a tiny but impressive country. This Western country neighbors Germany and Belgium, with Amsterdam as its capital. However, the governmental center of the Netherlands is located in The Hague wherein we also host the International Court of Justice, the judicial organ of the United Nations. Additionally, King William-Alexander and his family also live in The Hague. He has little political power, he is rather the loved person of the people and representative of the country abroad. The political face of the Netherlands is Prime Minister Mark Rutte.

In some aspects, the Netherlands are global leaders. This small country is one of the most densely populated countries worldwide, which hosts about 17 million people on a small space. Furthermore, its population is seen as the tallest worldwide. At the same time, it’s one of the flattest country. That’s also why the Dutch cycle everywhere on their bikes or “fiets”.

Did you know that a large amount of Dutch land is under sea level and even artificially made? A huge challenge in times of climate change and rising sea levels. But the Dutch expertise on water project is also a leading discipline. That may be the reason why Rotterdam has the largest harbor and Amsterdam Schiphol is one of the biggest airports in Europe.

Exporting goods is a major factor for the Netherlands as they are leading in tomato export, as well as tulip export. About 70% of all tulips in the whole world, come from the Netherlands. For a long period of time, the tulip is a symbol for the Netherlands, together with its windmills and clogs (don’t worry, almost nobody wears them).

Even though the flag of the Netherlands is colored in “rood, wit, blauw” (red, white, blue), the Dutch national color is definitely orange. On April, 29th every year, the Dutch celebrate King’s day, where the whole country is decorated and everyone dressed in orange. On this day, the Dutch personality is really visible. Dutch people are described as open, happy, honest, direct, and they find “gezelligheid” (a form of coziness with people) as a very important aspect of society.

One topic that comes up in almost every conversation is the weather. Dutchies love to complain about the weather. To be honest, there are enough reasons to do so. In general, winters are mild and summers are relatively cold. The part to complain about probably is the lack of sun and the preserved eternal grayness in winter, due to a lot of clouds and relatively a lot of rain, often combined with heavy wind (not nice on your bike!).

We are looking forward to welcoming the participants of ESS 2018 to the Netherlands! We hope that they enjoy their time in our beautiful country!
Our Mission

Our mission is to bring psychology students together on a European level to enrich their concept and application of psychology and encourage skill development in order to contribute to the improvement of the field; have a positive impact on society and its perception of psychology; support scientific and social interaction and cultural exchange between psychology students, academics and professionals.

How do we implement this? By consistently developing our services, events and the quality of interaction between European psychology students and their national, regional and local associations, we create an encouraging environment for psychology as a professional and scientific field in Europe.

Our Values

Association,
As an organization, to be connected both internally and externally, within the EFPSA working community and with organizations who share a similar mission and values

Clarity,
To have an integral, coherent and consistent approach to all aspects of our operations

Diversity,
To accept the differences; to respect and welcome them as valuable assets

Fortitude,
To have courage in adversity and unforeseen circumstances
The European Summer School 2018

EFPSA is run by psychology students and it’s also for psychology students. EFPSA is mostly known for their multiculturalism, cultural representation and integrity. Not only does EFPSA provide high-quality services, it also has 33 dedicated member organizations in other European countries and regions. The European Summer School, ESS, is one of the events that EFPSA organizes and it is hosted in different countries each year. ESS is a unique academic and cultural event that will also be held in 2018 in the Netherlands. The event brings students and academics from across Europe together to engage with not only each other, but also with psychology, culture and research in settings far removed from typical university surroundings. This represents the national, but also the European diversity. Students will be provided from a diverse range of activities that will help them and their academic experience. They will attend different lectures and workshops from experts. Furthermore, the students will have the opportunity to join a research team, while they are being supervised by a Ph.D. researcher. The projects place an emphasis on inter-cultural investigation and carried out over the following 12 months.

Elements

Although the European Summer School is being held every year, it’s a very dynamic event. This means that the theme, lectures, supervisors, organizing committee, participants, and the host country or region change. Every year it’s a new experience, but some elements go into every European Summer School event.

Research Projects

For example, the research projects are a recurring element in the ESS. This will give the students that participate an opportunity to get involved in planning and conducting Research Projects under Ph.D. guidance. Students will choose from six different Research Projects and begin work on their project at the ESS. After the ESS this work will continue under the Junior Researcher Programme.

Academic Lectures

Students can follow lectures and workshops at ESS. These activities are given by experienced researchers and practitioners of Psychology.

Contact & Supervision

Another important element in the ESS is the contact and supervision. Each Research Project is supported by a Ph.D. candidate, who remains with the group for its duration. These experienced and published researchers provide advice and direction on a range of practical and theoretical issues which groups are likely to encounter.

Ph.D. Airtime

We recognise the value of an Ph.D. Supervisor, the experience of research and the Ph.D. life they share with the students is of great value.
Blending Culture and Academia
Since the ESS invites students at Bachelor and Master level, as well as Ph.D.’s and lecturers from Europe, the Summer School is naturally remarkably diverse. This vibrant mix of people and backgrounds creates an atmosphere that remains lively and highly engaging on both an academic and social level throughout the week. Moreover, an ever-increasing amount of research highlights the importance of cultural differences in our psychological makeup. Many studies emphasize the role that such diversity can play in the development of cognition, as well as our perception of the world around us. In light of this, the ESS represents an ideal platform from which to launch into cross-cultural research. An appreciation for cultural openmindedness is ever-present at the ESS. This is particularly true when it comes to the social programme of the week, where we do all we can to ensure participants make the most of their surroundings. A field trip is built into the ESS, where a day is taken out of the academic programme to explore the local area. City trips, cathedrals, vineyards, and much more have previously provided exciting grounds for these excursions. Of course, while learning about the national identity of our hosts is important, we also know a break from the work is well-deserved half way through the week. Another exciting element is Cultural Night – an evening devoted to celebrating European diversity and one not to be missed, particularly for those keen to taste countless new foods from across the continent!

Social Programme for ESS 2018

Sunday
Opening Ceremony and Welcome to all the participants of ESS 2018.

Monday
Presentation and Orientation to the Netherlands, Cultural Evening and Drinks.

Tuesday
Dutch evening with traditional food such as oliebollen, stroomwaffels and traditional activities such as sjoelen and smartlappen muziek.

Wednesday
Pizza night for all the participants.

Thursday
Excursion to another Dutch city.

Friday
Free night wherein participants will be free to do what they wish to do.

Saturday
Closing Ceremony and Farewell to all the participants of ESS 2018.
Time to Introduce the Org.Com of ESS 2018

The Organising Committee, or Org.Com as it is sometimes referred to in EFPSA, represents the group of people who are responsible for arranging the ESS 2018. SPS-NIP EFPSA-NL represents bachelor and graduate psychology students.

President: Tessa Brouwer

My name is Tessa and I am 23 years old. I finished the bachelor Neuroscience at the University of Amsterdam two years ago, and I just finished the bachelor Clinical psychology two weeks ago. I’m currently doing my Master’s in Clinical Psychology. Last year, I studied at the University of Queensland, Australia.

Studying abroad made me realize how exciting it is to share my interest for psychology with so many other students from all over the world.

I love to travel to new places and meet new people. I tend to take pictures of my food, spend most of my procrastinating time on Pinterest and even though I love travelling, I can’t think of anything better than a lazy Sunday spend at home with my boyfriend and cat.

Vice president: Denise Richter

My name is Denise, 25 years old and I was born and raised in a small village in Germany. At the moment, I am doing my master’s in clinical and clinical developmental psychology at VU University in Amsterdam.

In my free time, I love being creative. Furthermore, eating is one of my great hobbies. Chocolate probably is my biggest guilty pleasure, but I also enjoy cooking with friends.

Secretary: Bhavika Jain

My name is Bhavika Jain. I’m 19 years old and I was born in Delhi, India. I have moved around India and Asia throughout my childhood and a year ago I moved to the Netherlands. Currently, I am in the second year of my Bachelors in Psychology at Erasmus University Rotterdam.

In my personal time, I am a movie buff and spend most of my time either studying, watching movies and spending time with my friends!
Promotion: Buket Karadeniz

My name is Buket Karadeniz. I am a 20-year-old Psychology student. I am currently in my second year of my Bachelor, that I follow at VU in Amsterdam. After the summer, I will go on exchange in Italy.

Besides studying I also joined the Buddy Program, where I am assigned as a buddy to some international students at VU. As you may know now, I like to be involved with other cultures and therefore it seemed a logical step to join an EFPSA event. I will be responsible for the promotion. I am looking forward to make this an unforgettable time with my fellow committee members!

In my free time, I love to meet up with my friends to go on small adventures but most importantly I love to eat pizza.

Finance: Karina Cozma

My name is Karina, I am 21 years old and I was born and raised in Hungary. After I finished my high school studies, I moved to the Netherlands. I am currently studying at Maastricht University and it is my second year in the Psychology Bachelor program.

I am very interested in meeting people from different cultures and I really like to learn new languages. I also enjoy listening to music, reading and playing the violin. My role this year is to be the treasurer of the committee. I am really looking forward to taking part in this EFPSA event and I think it is going to be an amazing experience.